

Preparedness is Learning to use the NARCAN Kit

Fentanyl use has skyrocketed in Oregon and everywhere.

Naloxone (brand name: Narcan) is an antidote to fentanyl overdose. Narcan training and having the kits handy in our homes and in our cars is essential. Preparedness is sensible & obligatory for parents, grandparents, neighbors and all around caring people who want to be empowered to help. Get a kit and get familiar with it.

Fentanyl is often added to other street drugs because it makes the drugs cheaper, more powerful, more addictive, and more dangerous. It is also formed into pills that resemble prescription opioids. Fentanyl-laced drugs are extremely dangerous, and many people may be unaware that their drugs are laced with fentanyl, so the danger is greater than people may expect. [Stop Fentanyl overdose, on CDC website](#)

Another population at-risk-for-opioid-overdose is those who are taking PRESCRIBED *opioid* pain relievers. So very very easy to mis-remember when one took the last dose and overdose. Narcan works for all.

Your Pharmacy

Pharmacies sell Narcan kits. Availability, instructions, prices and procedures vary.

End Overdose [End Overdose website](#)

EndOverdose offers a no frills, no blather, hard-edged quick course plus a “free” Narcan kit (\$10 postage, delivered within 2 weeks). The kit has two Naloxone Sprayers (two year expiration date), a CPR face mask, and information cards.

Project Red [Project Red Initiative website](#)

Project Red is a Portland-based organization that provides training and distributes naloxone to groups at no cost. The training covers how to administer naloxone, how to recognize when someone has taken fentanyl, and so forth.

What You Will Learn To Do in the Tutorial

Call 911 - or preferably yell at several people to call 9-1-1.

Break out the spray and push it into their nostrils.

Do it again with the other sprayer after 2 min if they don't come around.

You cannot hurt them if they are down from something else gone wrong.

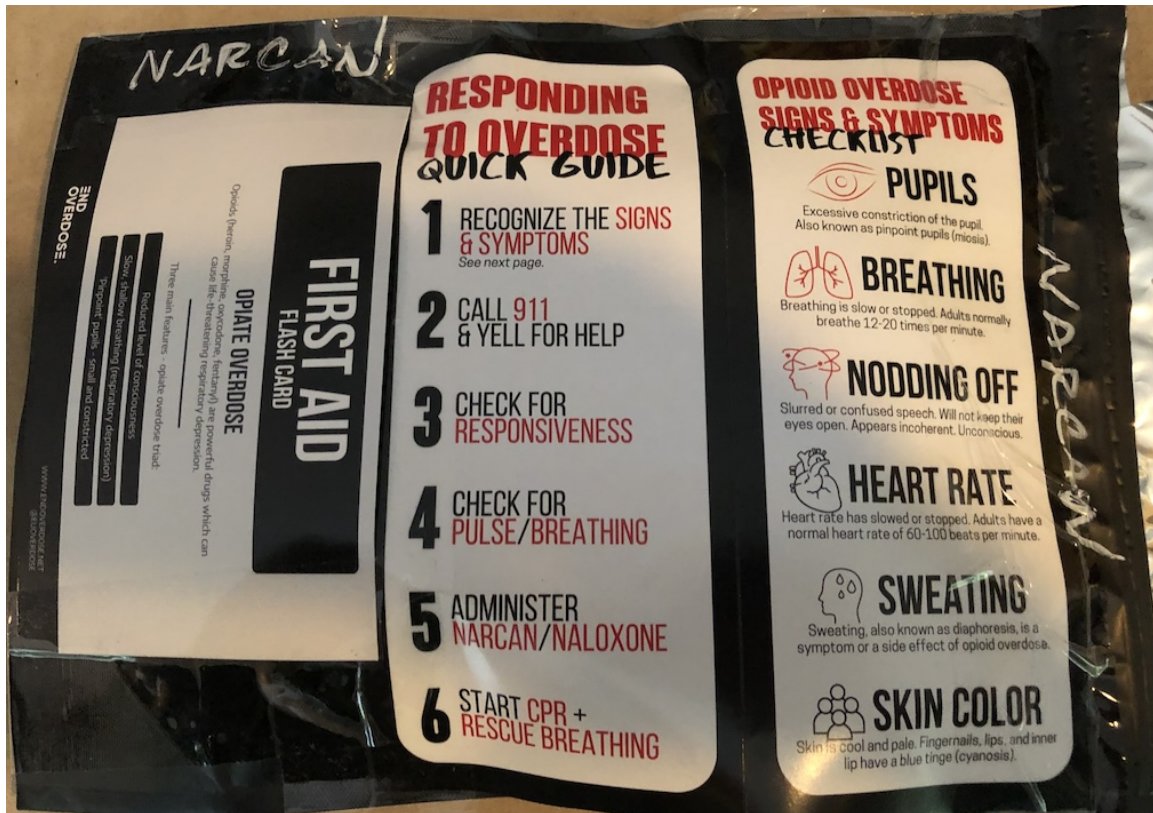
You cannot over dose them on narcan.

See video tutorial at EndOverdose.net

The EndOverdose Kit

This is the kit I received from endoverdose.net . I inserted a couple of pairs of nitrile gloves and taped the info cards on the outside and sealed it all back up again. One kit at home, one in car. My rationale was:

- 1) Anonymous unlabeled equipment in the closet or car is not helpful in an emergency. Maybe I know NOW what's in that envelope – and the procedure to follow- but my confidence is nil that I or others will know during the adrenaline of a crisis.
- 2) The couple of pairs of nitrile gloves are for personal safety and as an incentive for others to “suit up” and help.



Fentanyl is impacting ALL our lives.

Resources for Narcan training and supplies are out there.

Prepared by M Read, Collins View NET.

If you have experience, an anecdote, a reference for Narcon training, or another source of supplies, please write [hub @ collinsview.org](mailto:hub@collinsview.org)

If you heard of this page on Nextdoor, feel free to comment or ask questions on that thread.